

A grayscale silhouette illustration of Jesus, depicted with a long white beard and hair, wearing a white robe and a sash. He stands in the center, surrounded by a diverse crowd of people in various robes. In the foreground, a person is kneeling on the ground, touching Jesus' feet in a gesture of prayer or healing. The background is a plain white color.

# Jesus, our model for healing

God. Medicine and Miracles – Chapter 2



# THE JESUS' MODEL OF HEALING

- He healed the whole person
- Body, mind, soul, and spirit
- He made the sick person whole
- He was competent in physical, social, psychological and spiritual care
- None of us are, but the **Body of Christ** can be
- Thus we need a team approach



# Inductive Bible study

- List carefully the facts in the passage
- Note the context – before and after
- Imagine what other details were present but not recorded
- Gather relevant information from elsewhere in Scripture
- Ask the Holy Spirit to reveal the meaning –  
I John 2: 27



## I John 2: 27

- But as for you, Christ has poured out his Spirit on you.
- As long as his spirit remains in you, you do not need anyone to teach you.
- For his spirit teaches you about everything, and what he teaches is true, not false.
- Obey the Spirit's teaching, then, and remain in union with Christ. GNT



# The woman with bleeding –

## Mark 5 : 25 - 34

- Write out together all of the physical symptoms, social issues, psychological and spiritual problems of this woman
- How did Jesus heal her in all these areas of her life?



# HER PHYSICAL PROBLEMS

- 12 years of bleeding
- Anemia due to blood loss
- Weakness
- Probably pain with the bleeding
- Infertility



# HER SOCIAL PROBLEMS

- She was Jewish and subject to Jewish laws
- Bleeding causes uncleanness (Leviticus 15:19–30)
- She had been unclean for twelve years
- Divorced
- Abandoned by her family
- No friends
- No money



# HER PSYCHO-SPIRITUAL PROBLEMS

- Grief
- Anger
- Fear
- Sense of rejection
- Despair – cut off from God
- No hope





# SHE WENT TO JESUS BY HERSELF

- This was socially unacceptable
- It was morally wrong
  - She made Jesus unclean
  - She stole his power
- According to Jewish culture, she should have been condemned and probably stoned
- Jesus did not follow Jewish culture



# WHY DID JESUS EXPOSE HER?

- He knew she had been physically healed
- We doctors are happy when we have physically healed someone
- Why was Jesus not satisfied?
- Because the woman herself had not yet been healed



# HOW DID JESUS HEAL HER?

- He used physical power
- He listened to her story
- He discerned her real problems
- He spoke a healing word
- He affirmed her as a person
- He healed her as a whole person
- We can do the same!



# HEALING

- We have many interventions for healing the body
- What heals the mind, soul, and spirit of sick people?
- **A WORD**



# THE HEALING WORD

- Is spoken to the heart
- Is understood by the heart
- Resolves the anguish and pain of the heart
- Jesus knew how to speak such words
- Do we?



# WORDS THAT HEAL

- A single word
- An explanation
- A story or parable
- A passage from the Bible
- A word spoken in prayer
- A personal word from the Holy Spirit
- A visual symbol, picture, or scene



# What does the Jesus' model require of us?

- A lot of time. We doctors and nurses do not have that time
- Trained people. We have not been trained for this
- We can train lay spiritual caregivers for this
- Discernment that can be learned by training, prayer, and experience
- An understanding of wholeness by the church
- It needs to be 'evidence based' and 'patient directed' - **It can be**



# THE SOLUTION

- A team approach
- Pastoral staff plus spiritual caregivers, lay or professional
- Medical consults if possible
- Christ at the center and as the Healer





# CONCLUSIONS

- Physical illness affects soul and spirit
- Care for soul and spirit is just as important as care for the body
- We can learn much about care for soul and spirit from God's Word
- Healing of the heart **FAVORS** healing of the body